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9D CHENGDU/TIBET TRAIN EXCURSION TOUR

Day 1: Singapore – Chengdu (D)

Upon arrival in Chengdu, meet our local representative. Then visit **Jinsha Ruins Museum**, exhibits the splendid cultural of the ancient Shu Kingdom 3,000 years ago, modifying previous assumptions about the origins of the Chinese civilization. Thereafter visit **Jinli Street**, once the commercial heart of the old kingdoms this ancient street has been fully restored in traditional Sichuan style. After dinner transfer to Hotel for check-in.

Day 2: Chengdu – Lhasa (B/L/D)



After breakfast, transfer to airport for your flight departure to Lhasa. On arrival at the Gonggar Airport, meet our representative and transfer to your hotel in Lhasa City. Have a good rest and get yourself acclimatized to the high altitude climate

Day 3: Lhasa (B/L/D)

Begin the city excursion with Lhasa's landmark – **Potala Palace**, which is now on the list of Chinese national key protected cultural relics, is the most valuable storehouse in Tibet. Afternoon visit Tibet's most sacred temple – **Jokhang Temple** and the **Barkhor Street**, the oldest street in Lhasa.



Day 4: Lhasa – Gyantse – Shigatse: (B/L/D)

Morning drive towards southwest to , the sacred water so called “Swan Lake”. Then drive to Gyantse, en-route visit **Karola Glacier, Kumbum & Pelku Chode**, also named Palcho Manastery, is very different from other monasteries. Continue journey to Shigatse.



Day 5: Shigatse – Lhasa: (B/L/D)

Morning visit the monastic city of Pachen Lamas – **Tashilunpo Monastery**, which has a history of 500 years. The highlight of the monastery is the statue of Maitreya Buddha made of copper with 22.4m high, which looks graceful and dignified in appearance. Then visit free market in Shigatse. Drive along the Yaluzangbu river back to Lhasa.

Day 6: Lhasa – Yangpanchen (B/L/D)

Morning drive northwards to Yangpanchen, unique for its geothermal energy and famous for its hot springs. En-route appreciates the landscape of Qiang grassland and Nyechen Tangula Snow Mt. Range. Continue visit the **Namtso Lake**, which is called Heavenly Lake in Tibet. Then drive back to Lhasa.

Day 7: Lhasa – Xining: (B)

Morning transfer to the railway station for your departure back to Chengdu. Train on across Qinghai – Tibet Plateau via Tanggula Mountain Pass. Spend whole day & night on the train.

Day 8: Xining: (L/D)

Arrival Xining railway station. Meet our local representative. Then transfer to Hotel for check-in and have a good rest. Evening, proceed for city tour in Xining.



Day 9: Xining – Chengdu – Singapore: (B/L)

After breakfast, visit **Taer Monastery**, one the six best-know monasteries of the Yellow Sect of Tibetan Buddhism. Evening, transfer to airport for your flight departure back to Singapore (via Chengdu).